## Safe Haven Sunday

This weekend, the Fargo Diocese is observing Safe Haven Sunday in an effort to educate people on the harm that pornography does to individuals, marriages, families, and society as a whole.



CONNECTED is the 3<sup>rd</sup> in a series of booklets presented by Covenant Eyes. It is a proactive resource that explores how a strong family connection can protect children and teens form the dangers of hidden pornography use. It contains real-life stories and practical tips for maintaining or re-establishing connection in your family.

CONNECTED will strengthen your relationship with God, your spouse and your children, so that your family can live free of pornography.

In CONNECTED you'll learn about:

- The prevalence of loneliness in today's society and how it fuels porn use
- How strong emotional connections can prevent porn
- How to connect more effectively with your spouse and your children and how to talk about sensitive subjects like pornography
- Methods of digital accountability and filtering that can assist parents in keeping their family's devices safe

Copies of this booklet are available for anyone in the church entry.

On the other side of this page, see information on *The Safe Digital Family Challenge* for resources to control media usage in your family.



Text

## SECURE

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## 66866 to get started

Receive one email a day for seven days to help you with the latest parental control ideas for your home.

## **Emails Include:**

- YouTube Restricted Mode
- Understanding Apps
- Setting iOS Screen Time and Content Restrictions
- Google SafeSearch
- The Importance of Accountability
- Social Media and Teens
- Critical Conversations

Totally Free • Available in English and Spanish